

Sample SAA Zoom Meeting

Note to leader: Have copies of “Our Fellowship,” “Our Goal in SAA,” “12 Steps of SAA” and “12 Traditions of SAA” available to display when you share your screen.

Hello, my name is _____ and I am a recovering sex addict. Welcome to this closed meeting of the _____ Group of Sex Addicts Anonymous. Please mute your line unless you are asked to speak or would like to share later in the meeting.

After a moment of silent meditation, I’d like to ask _____ to say the “we version” of the Serenity Prayer.

Serenity Prayer: *God, grant us the serenity to accept the things We cannot change, courage to change the things We can and the wisdom to know the difference.*

Is this anyone’s first ever SAA Meeting? If you feel comfortable, please identify yourself by first name only.

Note to leader – Only read the following paragraph if anyone responds:

We welcome you. We know it takes courage to walk into a recovery meeting. Each of us had our own experience the first time we attended an SAA meeting. We suggest that you attend at least six meetings before you decide if SAA can benefit you. Take a few moments after the meeting to talk with us and ask questions. May I have two regular group members raise their hand who are willing to stay after the meeting and speak to our newcomer(s) and answer any questions they may have?

Note to leader -- Continue here:

Is this anyone's first time at this meeting or visiting from out of town?

Now is the time for the rest of us to introduce ourselves by our first names. I'll begin and we'll go around alphabetically by first name.

Readings

Note to leader – Call on individuals to read the following:

Would _____ please read Our Fellowship?

Would _____ please read Our Goal in Sex Addicts Anonymous?

Would _____ please read The Twelve Steps of Sex Addicts Anonymous?

Would _____ please read The Twelve Traditions of Sex Addicts Anonymous?

Participation in our meeting is voluntary. We are not required to speak if we don't want to. We practice anonymity and confidentiality. We intentionally want our meeting to be a safe place for each and every sex addict.

Sharing from our own experience, we use the word 'I' instead of 'we' or 'you.' We do not interrupt others or give advice. Our meeting is not a place to meet sexual partners. Neither do we meet for group therapy. We are respectful in our sharing and avoid using offensive language or sharing that is too explicit. We avoid mentioning specific names, Internet sites or places associated with our acting-out behavior. We also avoid discussion of religion, politics, treatment centers, self-help programs, counseling and material other than SAA or AA literature. Please limit your sharing to 3 minutes so everyone will have a chance to share. If we hear these guidelines being overlooked, we remind ourselves of our common welfare by quietly raising our hands. Our focus in the meeting is on the solution, not the problem.

Because some occupations in Georgia are required by law to report certain crimes, legal confidentiality cannot be guaranteed for any unreported crimes that may be disclosed in this meeting.

Please keep your line muted unless you would like to share during the next portion of the meeting.

Meeting Focus: Meeting Leader Chooses from the Monthly Format

1st Saturday: The meeting leader will choose a reading from **Sex Addicts Anonymous**.

2nd Saturday: A Tradition Study reading of the tradition corresponding to the month's number (either from **Sex Addicts Anonymous** (green book) or the **12 & 12** at Meeting Leaders choice)

3rd Saturday: A reading from **Alcoholics Anonymous** chosen by the Meeting Leader.

4th Saturday: A Step Study reading the step corresponding to the month's number from the **12 & 12**.

5th Saturday: Speaker Meeting: A member shares his or her experience, strength and hope related to the 12 Step program of recovery in SAA.

Meeting Wrap-Up

Now it is time for us to participate in our Seventh Tradition, that "every SAA group ought to be fully self-supporting, declining outside contributions." This means that we are willing to support our Fellowship by contributing to group expenses involving rent, literature and affiliation in the Atlanta SAA Intergroup and the International Service Organization. We suggest a minimum of \$2 or an amount equal to what you spent on your last cup of coffee. In lieu of a basket, please send your contribution to our Treasurer at this Venmo account: _____).

Are there any announcements?

Our Fellowship recognizes milestones in recovery by giving chips. Would a volunteer explain and give out virtual chips?

We maintain our recovery by practicing a daily program of action with the understanding that although we can never be perfect, we can be happy in our sobriety today. If you would like a telephone list use to reach out and call others in recovery, please ask Rich B. Literature is also available for purchase by contacting Joel R.

If you are a newcomer we strongly recommend that you choose a “temporary sponsor” before leaving the meeting today. Please raise your hand if you are willing to do service work as a temporary sponsor.

The temporary sponsor will inform you about the SAA meetings available in the Atlanta area, introduce you to others in recovery who may be helpful and assist you in obtaining a regular sponsor who will take you through the 12 Steps of recovery as described in our literature.

Those who raised their hands are sober members. They are available to talk with you between meetings, answer your questions and explain to you how our SAA recovery program works. Please speak to one of these after the meeting to learn about how sponsorship works.

If you would like to be added to the group’s phone list, please contact Rich B. after the meeting.

We are learning how to live life on life’s terms without having to act out. Our sobriety and serenity grow as we practice these principles in our daily lives.

Ours is an anonymous program. Who you see here or what you hear while you are in the meeting is treated as confidential and is not discussed after the meeting with non-group members.

I’d like to end today’s meeting by asking _____ to say the Responsibility Pledge and Third Step Prayer.